



OCTOBER 2013

Monday	Tuesday	Wednesday	Thursday	Friday
30 No School	1 BBQ Chicken w/ Soft Rolls	2	3 Taco Bar	4 Mac & Cheese Patty Melt on Wheat
7 Grilled Cheese w/Summer Tomato Soup BBQ Beef Sandwich	8 Pasta Bar	10	10 Lemon-Herb Roasted Chicken w/ Rice Pilaf Grilled Ham&Cheese	11 Chicken Salad Croissants BBQ Polish Sausages
14 Turkey Ranch Wrap Spinach Salad w/ Spicy Chicken & Avocado	15 Spaghetti w/ Meatballs Oriental Chicken Salad	16	17 Grilled Chicken Sandwich Tater Tots	18 No School
21 Nacho Bar	22 Spicy Grilled Chicken Sandwich Sub Sandwich	23	24 Fried Chicken w/ Mashed Potatoes	25 Lasagna w/Garlic Bread
28 Roasted Chicken w/ Mashed Potatoes	29 Goulash Deli Turkey on Wheat Bread	30	31 Mostaccioli Chicken Shwarma Sandwich	1 Grilled Ham&Cheese Turkey Wrap